



FIGHT THE SYMPTOMS OF PARKINSON'S DISEASE

How you live with Parkinson's is up to you:

- Build your confidence
- Move more freely
- Re-train your brain
- Get back into life!



**East Gosford Physiotherapy
and Exercise Physiology**

24 Brougham St East Gosford

Phone: (02) 43237499

Email: mail@eastgosfordphysio.com.au

Web: www.eastgosfordphysio.com.au