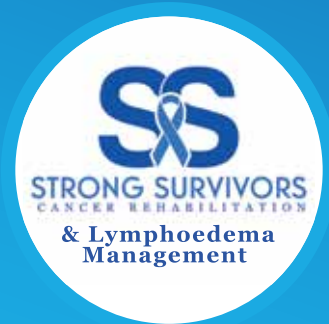


East Gosford Physiotherapy and Exercise Physiology have developed several programs to help people with their Cancer Rehabilitation to improve their quality of life.

Gosford Oncology Physiotherapy and Massage with venues in East Gosford and Gosford are available to help in your recovery after cancer treatment.



2 Venues

East Gosford Oncology Physiotherapy
24 Brougham Street East Gosford
(At East Gosford Physio)

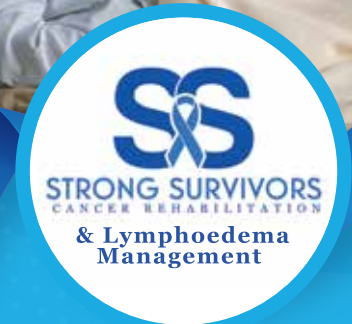
Gosford Oncology Physiotherapy and Massage
Level 1, 3 Hills Street Gosford
(Upstairs at Dr Sharon Laura rooms)

43237499

www.eastgosfordoncologyphysio.com.au
www.eastgosfordphysio.com.au



Announcing our new rooms in Gosford



'We are here to help you recover from your cancer treatment with oncology trained Physiotherapists and Exercise Physiologists'

4323 7499

www.eastgosfordoncologyphysio.com.au
www.eastgosfordphysio.com.au

Providing Physiotherapy, Massage Lymphoedema and Exercise Physiology services to help you recover from the side effects of Cancer treatment and become a **STRONG SURVIVOR**

BREAST CANCER

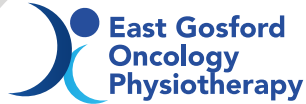
Help with:

- Lymphoedema and swelling
- Scar management
- Management of radiation effects
- Shoulder pain and stiffness
- Cording
- Fatigue

BLOOD CANCER

Help with:

- Safe exercise before, during and after treatment
- Joint and muscle problems
- Restore strength and fitness, especially after Multiple Myeloma treatment



East Gosford
Oncology
Physiotherapy



Gosford Oncology
Physiotherapy
& Massage

PROSTATE CANCER

Help with:

- Pelvic Floor Strengthening advice pre and post surgery
- Male incontinence
- Side effects of hormone and radiation treatment
- Safe Exercise

HEAD AND NECK CANCER

Help with:

- Shoulder and neck pain and stiffness
- Fatigue and weakness
- Lymphoedema and swelling
- Safe exercise

Individual assessment with a specially trained Registered Lymphoedema Practitioner or oncology trained Physiotherapist, specific to your cancer.

We help you through each phase of your journey:

Pre Treatment Phase

Post Treatment Phase

Strong Survivor Phase

Ask us how we can help – Talk to one of our physios on 4323 7499

CANCERS THAT EFFECT THE PELVIC LYMPH NODES
Management of pelvis, hips and lower leg pain and lymphoedema with physio and massage.

