



Gosford Oncology
Physiotherapy
& Massage



East Gosford
Oncology
Physiotherapy

BREAST CANCER REHABILITATION & LYMPHOEDEMA MANAGEMENT PROGRAM



STRONG SURVIVORS
CANCER REHABILITATION

**& Lymphoedema
Management**

**Physio, Massage, Lymphoedema
Management and Exercise
Physiology services to help you
recover from the side effects of
breast cancer treatment.**

4323 7499

www.eastgosfordphysio.com.au



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Physiotherapy
& Massage**



**East Gosford
Oncology
Physiotherapy**

**Level 1, 3 Hills
Street Gosford**

(upstairs Dr S Laura's rooms)

**24 Brougham Street
East Gosford**

(East Gosford Physio)

**All bookings on 43237499 via East
Gosford and you will be directed to the
best venue to help in your rehabilitation.**

WE OFFER:

- Complete program for Breast Cancer Rehabilitation and Recovery.
- Lymphoedema early detection with SOZO and follow up monitoring.
- Lymphoedema Management with massage and compression.
- Remedial Massage and Manual Lymphatic Drainage (MLD)
- Physio for Shoulder and Neck pain and stiffness.
- Scar and cording management.
- Advice on fitness and fatigue and when to start exercise.
- Safe exercise advice from our Physios and Exercise Physiologists.
- ENABLE supplier for garment fee relief.
- Measure and supply of all compression garments and wraps.

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