



East Gosford  
Physiotherapy  
& Exercise  
Physiology



# SOCCER

Injury Assessment,  
Management and Screening  
for Prevention of Injury



Ask about our special Offer  
Discount for your Club

ADVISE AT TIME OF BOOKING  
**(02) 43237499**

# ASSESSMENT & TREATMENT BY HIGHLY TRAINED SPORTS AND MUSCULO-SKELETAL PHYSIOTHERAPISTS

We have been established in  
East Gosford for over 25 years,  
assisting local and elite Soccer players

## IMMEDIATE ASSESSMENT & TREATMENT OF SOCCER AND TRAINING INJURIES

- Screening for Injury  
Prevention (FMS, Y balance)
- Biomechanical analysis of your  
Core, pelvis and lower limbs
- Strength and Conditioning  
with our Sports Physio  
and Exercise Physiologists



Don't let niggling injuries stop you playing

Don't let niggling injuries become worse  
over time, and cause other problems

**24 Brougham st East Gosford-  
Sports Injury and assessment clinic**

[www.eastgosfordphysio.com.au](http://www.eastgosfordphysio.com.au)