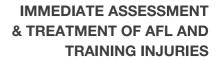


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## ASSESSMENT & TREATMENT BY HIGHLY TRAINED SPORTS AND MUSCULO-SKELETAL PHYSIOTHERAPISTS

We have been established in East Gosford for over 25 years, AFL players



 Screening for Injury Prevention (FMS, Y balance)

 Biomechanical analysis of your Core, pelvis and lower limbs

 Strength and Conditioning with our Sports Physio and Exercise Physiologists

Don't let niggling injuries stop you playing

Don't let niggling injuries become worse over time, and cause other problems

24 Brougham st East Gosford-Sports Injury and assessment clinic

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